

Phyllis King
the Common Sense
PSYCHIC™



Find Phyllis on the radio at:
Tuesdays, Noon to 1 p.m., on
www.ContactTalkRadio.com,
Sundays, Noon to 1 p.m. on
KTLKAM1150,
(all times are PST)
www.PhyllisKing.net

Dear Friends,

Welcome to May. Spring really feels like it's here now. Let spring remind us to start fresh in our own lives. Let's make the commitment together to stay awake in our lives, to trust the truth about the intangible part of our existence. So many of us have been programmed to believe that the external is the truest reality. Nothing is further from the truth. Everything begins from an idea. The idea creates and forms itself with our consent. We are powerful creative beings. We must own our power, embrace it and direct it to express in our lives. We do this by staying awake and choosing thoughts, feelings and behavior that will search out our abundance like a heat seeking missile. In doing this we create momentums that flow toward prosperity rather than away from prosperity.

In the coming months I am going to continue to provide information that works, and offer perspectives from people on my shows who have studied abundance, and have made it work in their lives. I am committed to your success and well being. I want to be one outlet and source for your success.

I am grateful for each and every one you. You make a difference in my life. Have a beautiful and prosperous May. You are abundance in action!

Love and light,

Phyllis

The Science of Poverty and the Science of Abundance

So often we say to ourselves "I don't have enough to pay for (fill in the blank). "I can't change jobs, or start my own business because (fill in the blank). "I can't do that seminar because (fill in the blank)" We justify our lack of abundance and make it very plausible. Smart people are the biggest offenders. We are accomplished at explaining away our distractions and our fear. We must remember that just like our body weight or body temperature, we have a set point in our consciousness. That set point determines our ability to expand or have more in our lives. For instance, if you are used to making \$50,000 a year. Your set point is \$50,000. Your consciousness is doing what you have asked it to do by helping you create \$50,000. What happens when we try to expand is we typically feel some level of discomfort. It's new. We are not familiar with it. It is our body, and our consciousness alerting us to a potential danger. We may experience fear or doubt. It is really our perfect mechanism asking us if we want to proceed. We have to choose to proceed, and trust higher consciousness to help us manifest our objectives. There are two parts to this. *(continued on page 2)*



Two Day Event - EAST WEST BOOKS May 16th, and May 17th

Join me at **EAST WEST BOOKS** in Mountainview, CA for two special appearances.

1. **May 15th** -
*Making the Connection
to Your Abundance*

Time: 7:30 p.m.

Cost: **FREE**

Pre-registration is required.

Call East West Books at 800-909-6161 to reserve your spot

For more information email phyllis@phyllisking.net



2. **May 16th** - GROUP READING EVENT

Time: 2:00 p.m. to 4:00 p.m.

Cost: Pre-register for \$39, \$45 at the door

Call East West Books at 800-909-6161 to reserve your seat – Space is limited.

[Science of Poverty, Science of Abundance, continued from page 1](#)

1) We live most of our lives on auto pilot. We have learned and or been taught an abundance method that works in our life to the degree it works. Those unconscious patterns are entrenched and powerful. In order to change the patterns you must intentionally redirect your energy, your thoughts and your feelings. It is something that requires practice but it can be done with practice and consistency

A few years ago NASA did a study with astronauts. They had each of the participants, there were 5 or 6, wear special goggles that inverted everything. Up was down, down was up. For the first few days, and weeks, it was extremely uncomfortable for everyone. They even slept with these goggles on. It was a 24/7 activity. On day 26 one of the participants had an amazing thing occur. Even though he still had the goggles on everything shifted back to normal. Up was up, down was down. His brain helped him recreate his reality to bring his sight back into balance. Within a few days, the same thing happened with all the other participants. The magic number for changing your thoughts, changing how you receive and process information is about 30 days. If you will retrain your brain, and create a new set point for your abundance, and be relentless with it, you will experience a change in your life.

(continued on page 3)

**One Day Event – Psychic Faire and Healing Arts Festival,
June 26 -10:00 a.m. to 6:00 p.m.
Divine Science Center, San Jose**

Join me with a gifted team of Psychics, Channelers, Energy Healers, Lecturers, Authors, for a day of grace, insight and fun.

This one day event will be Located in the Divine Science Spiritual Garden. You can meditate among beautiful trees, find a Healing Sanctuary, meet others of like minds and enjoy the oneness of life with nature. This location was chosen for its unique energy level.



I will be offering discount pricing on 15 and 30 minute readings. I will be presenting my workshop "**Making The Connection**" for \$10.00 from 2:00 to 3:00.

Don't miss this wonderful opportunity to rejuvenate and reconnect to yourself, to your community and to nature. For more information visit my website, www.phyllisking.net or www.phyllisking.com

Continued from page 2...

(2) When you are trying to recreate your life, base your recreation on what you want. Not on what you hope will happen. Too often people say "I will match my best month plus 10%. That's seems reasonable." That is not a heart driven position. Ask for what you truly want to see in your life. What you truly want in your heart of hearts. This is where your pay dirt lives. If you aspire toward hope rather than a heart driven purpose you will miss the mark. There is no power anywhere but in the wisdom that lives in your heart space.

It is a great practice to write down what success means to you. It is a great practice to write what your life will look like in a year, as if it were now. You would write, "today is May 8th, 2011. I am so grateful my house is paid. I am thrilled to be taking a trip around the world. I am blessed that I can serve others in a profound manner." Each day, at least three times a day, imagine your life "as if" the result has been delivered. If you say "I am **going** to have abundance" Universe in-conjunction with you will continue to put your abundance off into the future.

You are powerful. Your thoughts, and your feelings all matter. You are creating 24/7. You are in a living universe. Practice the steps above for 30 days without fail. What do you have to lose? Worst case scenario, what you want doesn't appear. You will have enjoyed the passing of time, and feel better. Worry is the prayer asking for things not to work out in your life. Remember this and choose abundance. Happy Creating!

ASTROLOGY.COM

Visit my blog **FINDING FORTUNE** on www.astrology.com

www.phyllisking.net / www.phyllisking.com

UpComing Guests on the Radio
You Can Listen from my Website Now!

John Assaraf
KTLK/Los Angeles
May 16th



Join me with spiritual entrepreneur and teacher, John Assaraf. John has an insatiable passion for brain research, quantum physics and helping others. He is the author of several New York Times bestselling books on the topic including "The Answer," "Having it All," and The Vision Board kit. He was also a featured teacher in the movie and book "The Secret."

Guest Host Dates for SEEING BEYOND in San Francisco 1450 AM KEST

I will be sitting in for the fabulous Bonnie Coleen on the following dates in 2010. The show always airs from 8:00 to 9:00 pst. Call in at
415-543-8255

May 10th, June 1, July 5, August 2nd, September 6, October 10, November 1, December 6



My Favorite Sponsors and Friends -
All Good People Doing Good Work and Contributing to the Planet

www.aromaje.com

Discover and experience an incredible jewelry line called **Aromaje**. All pieces have been treated with sound bowls and flower essences to duplicate prosperous vibrations. Daniela, the creator, is an amazing artisan and healer offering beautiful products that contribute naturally to personal well being.

www.astrologydating.com. For a limited time membership is **FREE** – Receive a Free personality profile today when you register.

www.PATHSOFGRACE.com Change your sleep pattern, change your life, expand your awareness. Experience **Paths of Grace** for guided imagery and meditation solutions to real life challenges.

www.saveanimalsnow.org – This is the national website for the Humane Society – This is an organization dedicated to the prevention of animal cruelty. They rehabilitate animals and find homes for abused and rescued animals.

www.soulscod.com A beautiful online news magazine. Topic driven, results oriented and metaphysical commentary on stories of the day.

www.goodvibrationimages.com - Your best solution to staying in touch either in business or your personal life. And, offers income producing ventures.

www.skywatchastrology.com Hands down the best astrologer on the internet! Hear Lance Ferguson creator of Skywatch on my show every Tuesday.

Check out the new look of my website – Let me know what you think!