

In Good Spirit Workshops

Phyllis hosts the following workshops with her colleague, psychotherapist/healer, Donna Morrish.

- **Past Life Regression**
\$125.00 - 3 to 4 hours, varies depending upon group size
Previous topics have included:
- recovering a talent from a previous lifetime
- remembering a lost love or soul mate
- remembering a geographical place on the planet where you prospered
- identifying a past time conflict with yourself or someone you know in present time and gaining insight to solve it
- **Re-Connecting with Deceased Loved Ones**
\$125.00 - 3 to 4 hours, varies depending on group size
~ Phyllis will help you initiate communication with a loved one
~ Donna helps you address unresolved or unspoken issues

- **Meditation (featuring Donna's "Paths of Grace" CD's) / Psychic Reading Event**
\$40 - 2 hours, includes a copy of one of Donna's CDs to take home
~ Donna leads you through a divine meditation to help you clear your energy, and make yourself ready to receive information
~ Phyllis will answer your questions and read your energy
- **How to Create What You Want, and Stop Creating What you Don't Want**
\$125.00 - 3 to 4 hours, depending upon group size
~ Phyllis and Donna explain how the creative process works energetically
~ Donna leads you through heartmath or a meditation process, and a writing process help you identify blockages to your progress and/or prosperity
~ Phyllis reads your energy around prosperity, and answers your questions about your creative mechanism

Phyllis King *the Common Sense* PSYCHIC

231 Market Place #631, San Ramon, CA 94583

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In Good Spirit

The newsletter of

Group Reading Values!
See the back page for details

APRIL 2009

Phyllis King *the Common Sense* PSYCHIC



NEWS & EVENTS

Current Group Reading Events:
April 12 - Castro Valley
(space still available)
May 10 - Dublin
(space still available)

HAVE YOU CONSIDERED a Group reading event? They are very powerful. If you have not experienced this atmosphere, I encourage you to do so. Not only is the cost less than a one-on-one reading, \$25.000, but the energy raises to a dynamic level in the room, and most people find it extremely powerful. As you listen to the answers others receive you often hear your circumstance in other people's question. Reservations are required. I take a maximum of 16 people. Visit www.phyllisking.net or call 925.556.3323 to reserve

Listen to my new Radio Station Broadcast on ContactTalkRadio.com

Be sure to check my schedule inside for a current list of the guest appearances and programs that have been scheduled. Listeners will always have an opportunity to contact us with questions and comments, both on air and off. We want to hear from you!

If you miss a broadcast, check the audio archives of past shows on my GUESTS page at my site. I also have video and audio files available for you to view or listen back to on my APPEARANCES page as well.

Please visit my website and check my EVENTS page, and you will see where I am, what workshops I'm involved in, and other radio and TV appearances I have scheduled.

I will be **Guest Hosting "Seeing Beyond"** on KEST 1450 AM in 2009 :

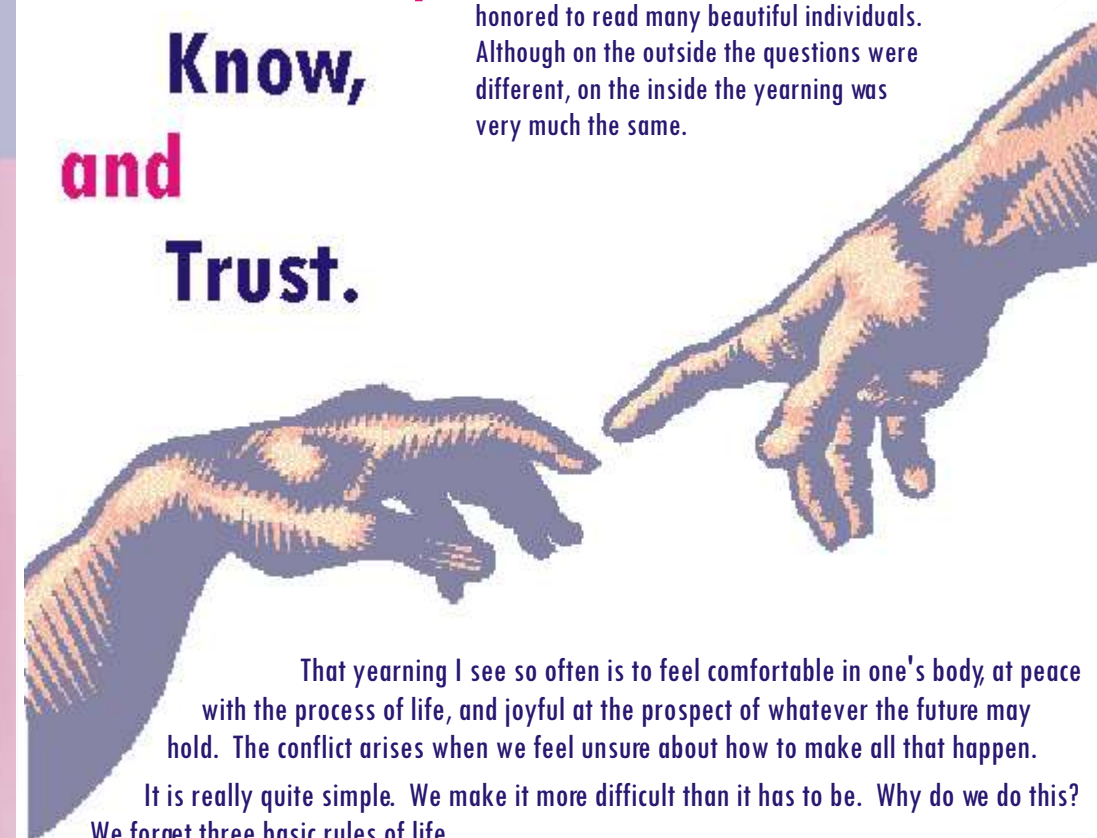
April 7th

May 5th -

June 8th

Remember, Know, and Trust.

Last month at my group reading events I was honored to read many beautiful individuals. Although on the outside the questions were different, on the inside the yearning was very much the same.



That yearning I see so often is to feel comfortable in one's body, at peace with the process of life, and joyful at the prospect of whatever the future may hold. The conflict arises when we feel unsure about how to make all that happen.

It is really quite simple. We make it more difficult than it has to be. Why do we do this? We forget three basic rules of life.

Remember. We must remember we are a spirit in a body. In this dimension we have two bodies. Our physical body and our spiritual essence body. The physical body and its needs are dominated by the ego. The ego allows us to gain personal mastery over our physical concerns. Conversely our life challenges, our desire to understand who we are, the nature of life, all the questions about "why" in our existence can only be answered through the spiritual essence. Too often people ask a life/why question from the ego, when the answer can only be provided through the spiritual essence.

The ego exists in a finite limited environment. The spiritual essence is eternal. It is part of the Source that created everything. The vastness of our capability can not even be fully realized in this finite existence. If we give our power to the concerns of ego, we cut ourselves off from the power of Source...from where we came...from who we are.

I often use the analogy of watching life flow by us like a river. We must

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NEW SHOW SCHEDULE @ www.ContactTalkRadio.com

Listen live Tuesdays, Noon to 1 p.m. (PST) - 106.9 Seattle

The call-in number is 877-230-3062 for my www.ContactTalkRadio.com broadcasts

We also offer live "chat" interaction, if you log on to the website. You don't have to call, you can "chat" with the host via IM.

You can also email me questions both before and during the show. Your question can be answered for free.

Log on to my website- www.phyllisking.net and click on "free question" or email me directly at: phyllis@phyllisking.net

Show/Guest line up:



April 7th - Annette Martin - World renown psychic detective, Annette Martin will appear. She will talk about her book "A Gift From the White Light." She has been featured on countless television shows for her work in finding missing persons and working with the police. I have had a reading with her and she is a delight!

April 14th - On Air Readings



April 21st - Kristina Walsh - Kristina has known about her clairvoyant abilities from a very young age. In her early 20s, she decided to harness these abilities with the guidance of the Clairvoyant and Graduate Program of the Berkeley Psychic Institute (1994-1997). During this concentrated time of reading and healing, Kristina taught classes in meditation and aura healing. She has expanded her healing art to include her Reiki training and most recently, by attending

classes at Arthur Findlay College (U.K.) in trance channeling. She is now working on her first book. Kristina can take a look at past lives, relationship issues, and contracts you may have with another as well as spirit guides and any other energies that may be wanting to hold you back or push you forward.

April 28th - On Air Readings



May 5 - Coleen Cole Morrison is a Life Purpose Hand Analyst, certified through the International Institute of Hand Analysis, with schools in Marin County, California and Zurich, Switzerland. Coleen will explain how fingertip patterns on your hands are an accurate portrayal of your inner truth as they are an absolute indicator of your physical identity.

Nothing like carnival palm reading, Life Purpose Hand Analysis is a stunningly accurate self-awareness tool that provides life affirming, soul-level insight. The fingertip patterns tell exactly what skills you are here to develop, and what your blueprint for fulfillment is in this lifetime. Coleen sees clients and teaches classes in Walnut Creek, CA and is will soon release "A Beginner's Guide to the Path of Self-knowledge Through Fingertip Patterns."

May 12th - On Air Readings



May 19 - Karen Anderson - Karen is an Animal Communicator and author of the book, "Hear All Creatures." - Her book offers insight into: What our animals actually know about us; Why we bond with our animals on a level that supercedes our human relationships; and discover what they are doing on the Other Side - with vivid descriptions of the After Life. Learn how to understand your animals on a higher, more spiritual level. Do animals have a sense of humor? Do they miss us when they are gone? Be sure to listen to this fascinating interview that will answer these questions and more.

May 26th - On Air Readings



June 2, - Gail McDonald -Gail is an NLP Life coach. NLP is a technology for success that uses your conscious and subconscious mind to identify vital factors to eliminate dis-empowering beliefs, meanings, values and decisions while increasing self esteem, clarity and a strong sense of self and purpose.

June 9, - On Air Readings

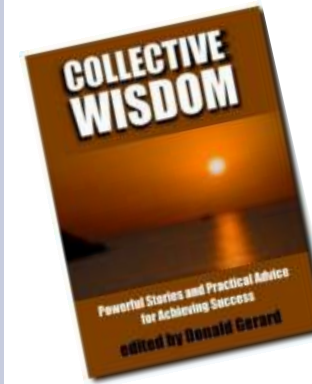


June 16, Sue Fredericks - Sue combines a unique gift of powerful intuition and practical career know-how to get you moving on your destined career path. A Successful Career Coach, she's the author of "I See Your Dream Job," "Dancing at Your Desk," and "Top Ten Reasons to Stop Facing Reality." A former Corporate V.P., Sue is the founder of **Brilliant Work** and a leader of Extreme Survival courses for Outward Bound.



June 23, - Jackie Woods - Author of "Soulmate or Cell-Mate"- Jackie Woods is an expert in the field of self-actualization with more than 25 years' teaching experience. Jackie's teachings transcend traditional self-help, which more often focuses on "fixing" symptoms and simply "coping" with dysfunction. Jackie, instead, focuses on Empowering Your Heart for Extraordinary Living, identifying and facilitating true healing and accelerated personal growth.

Jackie built a highly successful practice as a Life Teacher that lasted for over 20 years in Atlanta, Georgia. In 1998, her intuitive guidance directed her to leave her individual practice and move to Columbus, North Carolina where she founded Adawehi (Ah-dah-way-hee) Institute Healing School and Wellness Center. At Adawehi, she works with students and healers who are also dedicated to making a difference in this world.



"Collective Wisdom - Powerful Stories and Practical Advice for Achieving Success," this inspirational anthology which I've contributed to, will be coming out on February 24th! Copies will be available at my website. Everyone who purchases the book, from my website, will get \$25 credit towards any reading.

A Psychic Perspective
10 steps to More
Love, Wealth
& Personal Happiness
Including a 30-Day Plan
to Jump Start Your Life!
in softcover or
download format.



Available now at www.PhyllisKing.net

Do You Want a Reading?

Phyllis regularly hosts one-hour **Group Reading Events**. The cost is \$25.00 per person. The maximum group size is 16 people. Check the website - www.phyllisking.net - regularly for dates and locations.

Group Reading Events: April 12 - Castro Valley & May 10 - Dublin

Would you like to host a group reading event? With a minimum of 12 people, Phyllis will come to your home or a selected location. Call Phyllis directly at 925-556-3323.

Reservations and prepayment are required for all group events and can be completed at: www.phyllisking.net/readings_group.html. Please email me at: Phyllis@Phyllisking.net, or call 925-556-3323.

Advertising Opportunity

On air radio advertising is a great way to have your product or service introduced to a broad audience.

If you have a service or product you would like to share with a new audience, advertising on Phyllis' radio show is a great way to network. CONTACT has over 900,000 listeners per month. The types of products and services that do well on CONTACT are:

- Vitamin and health supplements
- Life coaching and personal growth training
- Non-profit organizations, volunteer/donation drives
- Intuitive and psychic services
- Book and CDs with metaphysical, personal growth and self improvement messages

If you are interested, please email me at: Phyllis@Phyllisking.net

Remember, Know, and Trust. continued

learn to flow with the river. Not control it, and not tell it where to go and when to do it. If we choose addictions of the ego, such as worry, fear, doubt, and sadness, we essentially hit rocks while we flow with life.

Know. Once we remember our truth we must "know" that our needs are already met beyond our wildest expectations. It is the ego that assigns a timetable to results or tells us what the result should look like. It is the ego that tells us there is a limited amount of anything to go around. It is the ego that says "I'm too fat, I'm too old, I should have, could have, would have, if only..." The essence knows only perfection, prosperity, and unlimited supply. We must remember this truth, we must know it.

Trust. From remember to knowing, finally we must trust. When we trust life we allow ourselves to relax into the flow of life. We hear our inner guidance. We can easily choose our perspective. Will our perspective be one of defeat and sadness? Or, will it be one of adventure, opportunity and joy? It is our choice and we have free will.

In group readings, and in private readings, although the stories are different, the yearning is often the same. The answer is always within reach. It always starts with remember, know and trust. Anything other than these choices puts the ego in the superior position. That subordination will always lead to conflict, confusion, and pain.

You are a powerful and mighty being. You will not even realize your full potential in this limited existence. You are part of a source with unlimited bounty. That is part of you. You are unlimited bounty. Remember it, know it and trust it.

Love and light,