

In Good Spirit

The newsletter of

**New
Radio Show**
See page 3
for details

October, 2009

Phyllis King *the Common Sense* PSYCHIC



NEWS & EVENTS

LISTEN LIVE to my **NEW** station, KTLK 1150 AM in Los Angeles, or Live streaming from the internet across the nation at www.KTLK1150AM.com

My new Q&A program will air every Sunday at Noon (pst). See page 3 inside for more information on this radio broadcast. I hope all my listeners will take this opportunity to call in and share their questions!

Listen to my Radio Station Broadcast on ContactTalkRadio.com

Be sure to check my schedule inside for a current list of the guest appearances and programs that have been scheduled. Listeners will always have an opportunity to contact us with questions and comments, both on air and off. We want to hear from you!

If you miss a broadcast, check the audio archives of past shows on my GUESTS page at my site. I also have video and audio files available for you to view or listen back to on my APPEARANCES page as well.

Please visit my website and check my EVENTS page, and you will see where I am, what workshops I'm involved in, and other radio and TV appearances I have scheduled.

I will be **Guest Hosting**
"Seeing Beyond"
on KEST 1450 AM in 2009 :

October 6, 8 to 9

November 3, 8 to 9

December 7, 8 to 9

HAVE YOU CONSIDERED
a Group reading event?

Please go to page 3 for more information on these powerful events, or visit my website and click on "readings" for dates near you.

SPS: Smart People Syndrome

I have identified one of the chief impediments people have to expanding their consciousness, and their ability to "have" in their life. I call it SPS. Smart People Syndrome. I decided to give the phenomenon a name because I see it so often in my work.

The issue is that often people are amazing achievers. They rack up achievements and titles like CEO, business owner, Olympian, Administrators, Teacher, Ph.D., etc. These people, (SPS's) have become very high functioning in the physical realm. They have been able to create what they want most of the time, and garner admiration from family and peers.

Yet, when life throws SPS's a curve, they find themselves struggling with relationships, finances, and career satisfaction. The answers SPS's have used to succeed in life are not getting them any further. Suddenly the answers the ego has been feeding them no longer work to satisfy the needs of the essence. The answers no longer solve the yearning, longing, or emptiness that has been covered up by activity and/or a life lived in the head, not in the heart.

When I'm talking to a CEO and they are struggling with relationship or self esteem I find myself reiterating the importance of getting out of the head and moving into the heart. You must "feel" your life experience. Not think it. I remind people that expansion is not a "doing" or "achieving" process. It is an allowing process. Allowing life to happen at its own pace. Allowing yourself to settle into a flow of life where you are co-creator not a solo act trying to control ... acting as if you are not connected to a living universe.

When SPS's have been in the habit of functioning at a high level in the physical domain, the EGO loves that. The EGO says "I have it all figured out." "I am everything." "I can do what I want." Of course, all this is true. We have free will, and we can do whatever we want. To expand your consciousness and find the peace and satisfaction that comes when we are in sync with Source, we must develop the skills of allowing, not controlling. We must REMEMBER that we are part of a Source that knows only well being. It is our habit of thinking from an EGO based perspective that allows suffering or conflict or struggle to be part of our awareness.

We forget that the biggest part of expansion begins with the practice of intentional thinking. Through intentional thinking we actively replace one habit for another habit. We choose to release beliefs and or old energy that doesn't belong to the essence of who we are.

If you are one of the people who find yourself achieving on the physical, but feeling empty inside ... lonely inside ... unfulfilled inside ... you can always flip it. You are not a prisoner, unless you continue to choose that. You are not chained to your belief systems. Your beliefs are not you. What you are really is God consciousness. What you seek is already available to you if you allow it in. That is the truth. Eternal essence will live on long after your body is done. Intentionally put your attention on eternal essence. Intentionally put your attention in the consciousness where anything is possible. Remember that you are a co-creator. Learn to live life with God consciousness, not EGO based consciousness. EGO will always tell you a reason why something can't be accomplished. "Not enough money." "I'm too fat." "I don't have enough time." "I don't really believe this stuff." "This is for some people not me." SPS's come up with the absolute best excuses of all time. That doesn't change the fact that they are excuses.

Continued on page 4

www.ContactTalkRadio.com ~SHOW SCHEDULE

Listen live Tuesdays, Noon to 1 p.m. (PST) - 106.9 Seattle

The call-in number is 877-230-3062 for my www.ContactTalkRadio.com broadcasts

We also offer live "chat" interaction, if you log on to the website. You don't have to call, you can "chat" with the host via IM.

You can also email me questions both before and during the show. Your question can be answered for free.

Log on to my website- www.phyllisking.net and click on "free question" or email me directly at: phyllis@phyllisking.net

ContactTalkRadio Show/Guest line up:



September 29th ~Karen Anderson - Animal Communicator and Author of "Hear All Creatures" -



October 6th ~Dannion Brinkley - Internationally known Author of "Saved by the Light," and many more works . Founder of the Twilight Brigade talks with Phyllis

October 13 ~ ON AIR READINGS



October 20th ~ Annette Martin - Psychic Detective and Author of "A Gift From the White Light."

October 27th ~ ON AIR READINGS

Advertising Opportunity

On air radio advertising is a great way to have your product or service introduced to a broad audience. If you have a service or product you would like to share with a new audience, advertising on any of Phyllis' shows are a great way to network, spread your message, and let people hear about your service or product. CONTACT, KTLK and KFAX all have huge listenership. Different markets price out at different rates.

Los Angeles is in the #1 market in the country. KTLK is the #2 station in the City. KFAX is the #1 station in the entire state of Arizona. Phyllis' show reaches a national and international audience. Different rate packages are available for different markets. We can find a rate that will fit your budget and your advertising needs.

The types of products and services that do well on my show are:

- Vitamin and health supplements
- Life coaching and personal growth training
- Non-profit organizations, volunteer/donation drives
- Intuitive and psychic services
- Book and CDs with metaphysical, personal growth and self improvement messages

If you are interested in advertising , please call Titania at: 925-300-8669 or email her at: Titania@phyllisking.net or leave a message for me at: 925-362-3083

In Good Spirit WORSHOPS

Abundance Now

\$125.00- three hour workshop

Workshops includes visualization exercises to release old patterns, and open your heart and energy to the concepts that cause you to attract prosperity and abundance into your life ongoingly. We also share evidence based on proven science that this technology works.

- Phyllis also does readings on your space to see where the blocks are coming from, and answers any questions psychically, you may have in your life. This allows you to gain clarity on specific issues you face in your life.

This a powerful class. It is an opportunity to embrace concepts and tools that will last you for the rest of your life.

Past Life Regression

\$125.00 - 3 to 4 hours, varies depending upon group size

Previous topics have included:

- recovering a talent from a previous lifetime
- remembering a lost love or soul mate
- remembering a geographical place on the planet where you prospered
- identifying a past time conflict with yourself or someone you know in present time and gaining insight to solve it

Do it on Call! Developing and Using Your Psychic Abilities:

11-hour workshop, over a day and a half. \$275.00

Do you have insights, premonitions, senses, feelings? Do you think you are a closet psychic? Would you like to be able to use it for your own life, or practice professionally?

In this two day workshop, Phyllis will teach you the tools she uses in her life to use your psychic ability on call . . . when you want to.

She will teach you how to find your niche as a psychic, and teach you how to navigate mainstream society as an extra-sensitive.

Moving the Energy of Abuse and Victim

Three hour workshop: \$125.00

Have you been a victim in your life? Do you feel powerless to transform your life experience? Do you want to learn why believing you "can't" do something is a lie in your space?

At this workshop you will:

- Become empowered
- Release the abuse/victim vibration
- Clean your energy
- Create a plan to Receive
- Receive psychic on your personal space, and ask Phyllis questions about your specific situation.

Phyllis hosts these workshops with her colleague, psychotherapist/ healer, Donna Morrish.

Call in to my **NEW SHOW @ www.KTLK1150AM.com**

Streaming live across the nation!

Listen live Sundays, Noon to 1 p.m. (PST) - 1150 AM in Los Angeles

The call-in number is **1-877-520-1150** for my **KTLK 1150 AM Radio Show & 1100 KFNX simulcast**

Tune in either on the Radio (L.A. area) or at KFNX 1100 in Arizona (1 p.m central) or on the Internet wherever you are!

Log on to my website - www.phyllisking.net and visit my "Radio" page under Multi-Media for links and more information.

Dear Friends,

*Its been a great month. I have my first shows at **KTLK** under my belt. It's wonderful to be part of such a great organization, and to tap into a new community of like-minded individuals.*

For my new friends in Los Angeles, I will be hosting a Group Reading Symposium, December 12 at the Bodhi Tree Bookstore.

*As well, I was blessed with a syndication deal in Phoenix, Arizona, on radio **KFNX 1100**. This is the number one station in Arizona, and broadcasts over the entire state. It runs a simulcast of my Los Angeles show, which airs at noon, pacific time, at 1:00 p.m. central time out of Phoenix. Expansion is good. Make no mistake, yours truly is working very hard. It's the most rewarding work of my life.*

*If you aren't in the Los Angeles or Phoenix area, you can still **listen live on the internet**, and call in with your questions during the show to **1-877-520-1150**. I always love hearing from you on the show.*

*Keep a heads up for my new book with Dr. Wayne Dyer, entitled "**Bouncing Back, Thriving in Changing Times**." It's expected in early October.*

My thanks go out to each and every one of you for your support. With your help I have been able to keep working, expanding and spreading productive dialogue about God consciousness. I am truly blessed to have this job.

Take care. I look forward to connecting with you soon in person or on the air.

Love and light,



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Do You Want a Reading?

Phyllis regularly hosts two-hour **Group Reading Events**. The cost is \$45.00 per person. The maximum group size is 16 people. If you have not experienced this atmosphere, I encourage you to do so. Not only is the cost less than a one-on-one reading, but the energy raises to a dynamic level in the room, and most people find it extremely powerful. As you listen to the answers others receive, you often hear your circumstance in other people's question. Check the website - www.phyllisking.net - regularly for new dates and locations.

Would you like to host a group reading event?

With a minimum of 16 people, Phyllis will come to your home or a selected location. For smaller groups, you can make up the difference per person. Call Phyllis directly at **925.362.3083**.

Reservations and prepayment are required for all group events and can be completed at:

www.phyllisking.net/readings_group.html. Please email me at: Phyllis@Phyllisking.net, or call **925.362.3083**.

Smart People Syndrome: SPS continued from page 1

(This is a good time to mention Dr. Wayne Dyer's new video. "Excuses Be Gone." Watch it if you can.)

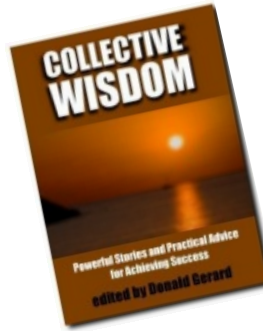
Intentionally change your story. Your internal narrative and dialogue that allows you to believe you are limited. The physical experience is limited. The spiritual experience is unlimited. Put your attention where the real power exists, on the unlimited. What you put your attention on is what you will create more of. This is a law of nature in the living universe in which we reside.

When you do this with any level of consistency, you will not only see changes in your life, you will FEEL changes in your life. When you're talking abundance and prosperity, it is all about how you feel. You resonate. You're a magnet. What are you magnetizing ... consciously and unconsciously? Consider it carefully. Choose wisely. You will attract what you resonate. That it is the law of attraction. Not what you "think" but what you "feel."

You can create the life you want. You can fill the emptiness, the loneliness and the doubt. It is all the way do-able.

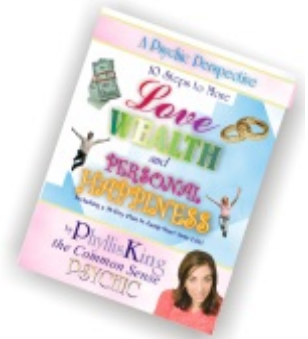
Have a great month. Intentionally create your world through aligning yourself with the true power source.

Love and light,



"Collective Wisdom - Powerful Stories and Practical Advice for Achieving Success," this inspirational anthology which I've contributed to, will be coming out on February 24th! Copies will be available at my website.

**A Psychic Perspective
10 steps to More
Love, Wealth
& Personal Happiness
Including a 30-Day Plan
to Jump Start Your Life!
in softcover or
download format.**



Available now at www.Amazon.com

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Phyllis is now a featured writer twice a month in the SOUL'S CODE Magazine, based out of San Francisco! You can also access it online at www.SOULSCODE.com.