

In Good Spirit

January 2010

The newsletter of

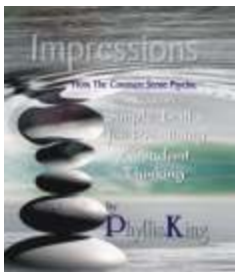
**New Group
Events**

See page 3 for details



Phyllis King *the Common Sense*™ PSYCHIC

IMPRESSIONS



Simple Truths for Practicing Abundant Thinking

Bouncing Back -



Thriving in Changing Times

ABUNDANCE NOW



2 CD SET

Personal Readings
Holiday Discounts
Good until 1/15/10

See page 3
Inspirational Gifts &
New Year Discounts!

Everything Has Its Perfect Time

As our consciousness and awareness expand, we notice all the flaws from our past beliefs and behaviors. We see so clearly what we should have done and could have done differently. When this gift of awareness becomes part of your new vibration have compassion for yourself. The awareness in and of itself shows you how punishing ignorance and limited consciousness can be. You've already paid the dues by living it. Don't go back in time and punish yourself for what you didn't know or what you could not yet see.

It reminds me of a woman I met at a group event who wanted to challenge the idea of releasing limited thought patterns. Her comment was "it's so hard." That is the big lie the ego feeds upon. It is easier to be miserable than it is to be

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JUMP START YOUR LIFE Extravaganza!



Hosted by

The Common Sense Psychic - Phyllis King
and
Donna Morrish, Healer/Psychotherapist

Saturday - Jan. 9, 2010

10 a.m. to 2:45 p.m

Medina Counseling Center, 21847 Redwood Rd. Castro Valley, CA

This event is an intensive 4 1/2 hour energy make-over designed to address every major area in your life. Career, finances, health, and relationships. We will help you:

- Clean out old energy, break patterns, and open up your perspective to allow "more" in your life.
- We will teach tools that will help you jump start and push forward all the areas of your life.
- You will receive healings, readings and instruction on every area.
- This is a wonderful opportunity you do not want to miss. What a way to start the new year!

Visit my website - www.phyllisking.net - to register - Cost is \$99/per person

Phyllis is on ~www.ContactTalkRadio.com

Listen Live Tuesdays, Noon to 1 p.m. (PST) - 106.9 Seattle

The call-in number is 877-230-3062 for my www.ContactTalkRadio.com broadcasts

Great Guest Interviews, FREE On Air Q&A and Skywatch Astrology Forecasts

We also offer live "chat" interaction, if you log on to the website. You don't have to call, you can "chat" with the host via IM or email me directly at: phyllis@phyllisking.net. Tuesday program is also rebroadcast at 10 p.m. pst

Dear Friends,

Welcome to a new energy pattern. Let's call it 2010! As I embark on another year in this spiritual journey, I am profoundly grateful for all the friends in my life, and the people who I have just recently come to know. I have become keenly aware of how connected we all are to one another. With that deepening awareness I feel more obligated than ever to connect with people, and share the process of growth and expansion on the planet. This is my living, but it also my life. Each time we interact I trust that interaction makes a difference on some level. I know that each shift, married to another shift, however small, brings about about meaningful change. I am committed to that change, and to every person who enters my life. 2010 is a fast moving, high energy pattern year. Use the energy to your advantage. Keep your focus where it needs to be ... on the power of spirit ... away from the limitations of the ego.

I wish each and every you the most purposeful and prosperous year ever.



Everything Has Its Perfect Time

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at peace. Peace and contentment do require that the ego is pushed to the side. Once you are no longer controlled by the ego it is easy to leave misery behind. Life becomes joyful. Not always happy, but you have an underlying foundation of joy and appreciation for life.

With this line of thinking we should continue to build on the trust we have created and practice "feeling" that everything happens in its own time, perfectly. Most often it is our "wants" that cause us to invest emotionally in outcomes. We become attached to the picture of what we believe that outcome will deliver to us ... money, happiness, love, job ... strive to stay in the moment with trust for life's process. Anytime we are seeking fulfillment or gratification from something outside of ourselves, we rob ourselves of the peace we seek to enjoy.

Radio Show/Guest line up:



January 5th -

Vaishali -
Author & Radio
host



Feb 2nd -

Ronnie Krasner
Stellar Life
Coach, Ronnie
will share her
strategies for a

happy and successful life through
her POWERED-Up Program.



January 19th -

Gail McFallon
Life Coach

www.ContactTalkRadio.com
Tuesday at 12 Noon & 10 p.m (pst)

Have you tried DNA restructuring?

With over 20 years as a holistic health practitioner, Cathlene Michaels-Brader brings multiple modalities and awareness to her work. Her most powerful work now comes to us through a process called **DNA restructuring**. This is one of the highest levels of energy work I have ever experienced. If you are ready to move significant energy and experience change in your life, call Cathlene at 408-307-1840

Ronnie Joy Krasner, CSC

Stellar Life Coach
Success Strategist

POWERED UP!
Coaching Program

510.336.0904
www.StellarLifeCoach.com
Ronnie@StellarLifeCoach.com



PATHS OF GRACE CDs

Use the Paths of Grace CDS to shift to that peaceful inner state which is the balancing and healing mode for the body. The CDs will assist you in working with your inner consciousness to transform your outer consciousness.



From Donna Morrish -M.S., M.F.T. www.pathsofgrace.com

Call in to my NEW RADIO SHOWS ~ 2 Hours of Live Talk

Log on to my website - www.phyllisking.net and visit my "Radio" page under Multi-Media for links and more information.

**1150 AM in Los Angeles, CA (pst)
Sundays, 12-1 p.m.**

The call-in number is 1-877-520-1150
Listen on the internet www.KTLKam1150.com

**1100 AM in Phoenix, AZ (pst)
Sundays, 1-2 p.m.**

The call-in number is 1-866-536-1100
Listen on the internet www.1100KFNX.com

Group Reading Events

Jan. 16, 2010 - Castro Valley,

10:00 to Noon - Medina Counseling Center
Prepare to arrive 10 min early to start on time
\$25/pp (Holiday Pricing)

**Have you considered a group reading event
as an alternative to a
one-on-one, in-person reading?**

These events are very powerful, and the readings are performed in a supportive and fun environment. At \$25.00 per person, its an affordable way to have your questions answered in person with Phyllis. Everyone gets to learn and be inspired by the spiritual dialogue shared within the group.

If you host an event at your home or office, your attendance is free! For more information, or to see the location of current scheduled Group Reading Events, visit www.phyllisking.net or call **925.362.3083**

Making Your Mind Your Friend ~Reclaiming Your Personal Power~

January 31st, 2010 - 3 to 5 p.m.
Bodhi Tree Book Store ~ Los Angeles, CA



Join authors,
Phyllis King
& Vaishali



For an afternoon of enlightenment, laughter and growth. The dynamic duo of personal empowerment will be sharing how to make your mind your best ally instead of your greatest source of suffering. Learn how to take back your mind and your power from limiting tyranny and pettiness of the ego.

Vaishali and Phyllis will share proven formulas that will teach you to:

- Become fully aware of your life purpose
- Identify your ego based dialogue and How it impacts your abundance
- Receive readings on your most pressing questions
- Anti-oxidize your thought patterns - get a fresh start!

\$30.00 in advance \$40.00 at the door. To pre-register, visit www.phyllisking.net, click on booking calendar and events. No refunds as space is limited.

Gifts of Inspiration

Check by my store page at www.phyllisking.net



IMPRESSIONS

Simple Truths
for
Practicing
Abundant
Thinking

**Now
Just \$8**

Bouncing Back - Thriving in Changing Times

Phyllis with Dr. Wayne Dyer
in an inspiring collection
Available after Dec. 10, 2009
at www.phyllisking.net



Give A Personal Reading HOLIDAY SPECIAL DISCOUNTS are still available until Jan. 15th !

Book any length reading between 11/15/09 and 1/15/10
and receive \$20 off the cost. Use the online booking calendar
and type in the word "PROSPERITY" to receive your discount

ABUNDANCE NOW 2 CD SET

Experience the Workshop
Just \$12 for the complete set



Phyllis King *the Common Sense* PSYCHIC

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Phyllis is now a featured writer once a month in the SOUL'S CODE Magazine, based out of San Francisco! You can also access it online at www.SOULSCODE.com.

News and Events

~Live Radio Shows ~

Tuesdays

Seattle - www.ContactTalkRadio.com
Noon to 1:00 pst

Sundays

Los Angeles - www.KTLKam1150.com
Noon to 1:00 pst

Phoenix - www.1100KFNX.com
1:00 to 2:00 pst

Saturdays

New York - www.wabcradio.com
TBA - Coming Soon!

~*~

Guest Hosting for Bonnie Coleen
on "Seeing Beyond" 1450 AM
TBA - New schedule coming soon!

~Upcoming Workshops~s

1/09/10 - Jump Start Your Energy Extravaganza
Medina Counseling Center- Castro Valley
5 hour Workshop

1/16/09 - Group Reading Event
Medina Counseling Center - Castro Valley
10 a.m. to Noon

1/31/10 - Bodhi Tree Bookstore
Make Your Mind Your Friend -Los Angeles

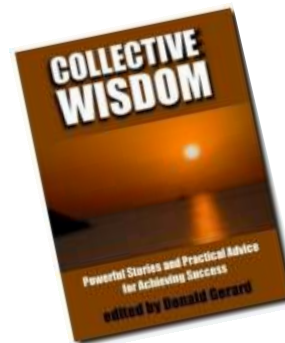
Visit my website - www.phyllisking.net -
to keep up to date on events,
guest line-ups, and appearances.

Subscribe to my Newsletter
to stay current and receive
special information and discounts!

Advertising Opportunity

On air radio advertising is a great way to have your product or service introduced to a broad audience. Reach millions of listeners.

If you are interested in advertising, please call **Phyllis or Gilyane** for a media kit and pricing information at: 925-362-3083 or 925-300-8669.



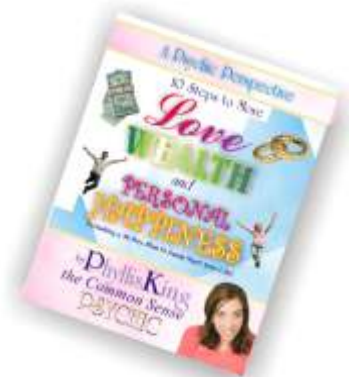
"Collective Wisdom - Powerful Stories and Practical Advice for Achieving Success,"

Just \$10

this inspirational anthology which I've contributed to is now available at my website www.PhyllisKing.net

**A Psychic Perspective
10 steps to More
Love, Wealth
& Personal Happiness
Including a 30-Day Plan
to Jump Start Your Life!**

in softcover or
download format.



amazon.com

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