

# In Good Spirit

The newsletter of

October  
2008

## Phyllis King *the Common Sense* PSYCHIC



### EVENTS and NEW ADDITIONS TO THE WEBSITE:

Please visit my website and check my EVENTS page, and you will see where I am, what workshops I'm involved in, and other radio and TV appearances.

If you missed my interview on YOUR TURN with Nazy Javid on Channel 50 [www.kfty.com](http://www.kfty.com), you can see it on my website or the KFTY website. You can also view my appearance on Bay Sunday, on the Channel 5/KPIX website, or click on the link from my website.

If you are not already aware, I hold a healing circle every morning. I offer it for 30 days. There is no charge. If you or someone you know is in need of healing energy, log on to my website and complete the form. You can opt in or out of my mailing list at the same time.

I have started to perform weddings again. I am a licensed minister in the State of California. For me, officiating a wedding ceremony is a unique and empowering experience. It offers one of the strongest healing vibrations I have ever experienced. The process of witnessing two people coming together energetically is one I can compare to no other experience. I love to do weddings. I write them myself with the help of the bride and groom, the bride and bride or the groom and groom. Please share the information with anyone who may be interested in a formal union. More information about weddings is on my website.

For a fun look at my view of myself, see my youtube video on [www.youtube.com](http://www.youtube.com). Type in The Common Sense Psychic. Or visit my website [www.phyllisking.net](http://www.phyllisking.net)

## A BIG HELLO, AND A BIGGER THANK YOU!

Hello friends,

It had to happen . . . I resurrected my newsletter. It feels great. I hope you enjoy this offering.

What an amazing year this has been. Truly the Roto Rooter of all years! 2009 will be much smoother. See my predictions in this newsletter for this year.

I would say the biggest change for me is that I signed on to host my own talk show this year. It has been interesting to say the least. I continue to watch my energy and my intuition expand as I wear the coat of talk show host. I'm in a state of learning and growing. What a blessing it is to expand one's awareness. What can I say "WAHOO!!"

My talkshow airs live every Wednesday at 11:00 a.m. pacific time. Log on to [www.TALKZONE.com](http://www.TALKZONE.com). Click on the Common Sense Psychic. You will see me. You can listen live, download the show to your computer, or listen to archived shows from the website. Remember to suggest guests, or show topics. If you have an email question, feel free to email me at [phyllis@phyllisking.net](mailto:phyllis@phyllisking.net), or fill out the form on my website "Ask a Question for Free." I will answer it on the show, and you can listen at your leisure for the answer.

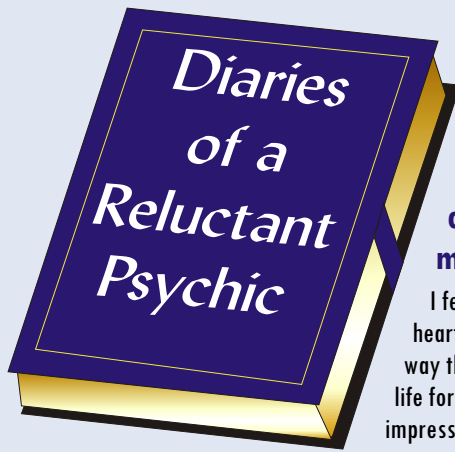
If you are interested in participating in my pilot show for television, and would like to be in the audience, please let me know. The show will follow a similar format to John Edwards, Crossing Over. I will talk about a spiritual principles, and apply them to current events. I will do readings in the audience. If you are interested in being the audience, email me at [phyllis@phyllisking.net](mailto:phyllis@phyllisking.net) or call 925.556.3323.

I have to acknowledge and thank Bonnie Colleen, of Seeing Beyond. She single handedly gave me my start in radio. She has been a great teacher and friend. Her faith and belief in me has led me to this point. Each day I continue to expand my own niche in the metaphysical community. Thank you Bonnie! Thank you for being a powerful light in our community.

A second thank you has to go out to all my clients, friends and supporters who have been so generous with their thoughts, their love and support. Without all of you, my life would not be expanding in the manner it is. I am grateful for each and every one of you.

I must send a special thank you to Sarah Kinghan, who did an amazing re-edit on my second book, A Psychic Perspective, 10 Steps to More Love, Wealth and Personal Happiness. She really made the book sparkle. She came out of nowhere to lend a hand. Thank you Sarah!

Another thank you goes out to my client, "V". This client enjoys a career in Public Relations. Through her generous advice and contributions at pivotal moments, my career continues to expand.



Published in *Wisdom Magazine*,  
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### As my mother's mouth moved to utter the words "women can't be ministers"

I felt a dagger rush into my heart. I was wounded in a way that changed my view of life forever. At 15 one is quite impressionable. One expects encouragement from a role model. It doesn't really matter anymore. I am a minister.

All things happen in their own time.

The information my mother shared with me was important. In many ways it was a gift. Now, I understand that all conflicts in our relationships are those we have chosen to participate in for the benefit of our own growth and healing. Had that wound never occurred, the opportunity for me to distance myself from the toxicity of that situation would have certainly been delayed. My growth and progress escalated in part because of this experience.

Most of my life, as a psychic, has been a combination of two lifestyles. One, hiding my psychic ability. Two, embracing my

psychic ability. I have often hidden because of two types of attention I receive. One, I live in a world where at any given moment I can find any number of people who will tell me I am full of crap, a fraud, or crazy. For those trying to be generous, I am simply misguided. Secondly, I have those who want to befriend me or devote themselves to me as if I am guru. They expect me to know everything about everything, because I do have some extra sensory perception that exceeds their own. They are looking for magic.

What is one to do when they see dead people, auras, and have out of body experiences when they are wide awake? What would you do? How would you handle that information? These are the questions I have lived with my

## Predictions 2009

This is the year of green technology advances, spiritual rebirth and stabilization.

We will still experience turmoil in our economy and financial markets through May. All in all the backlash of the economic downturn will mostly be under control. By summer, we will feel much calmer and assured that life will return to a "normal" mode. However, normal will never look the same again.

2008 brought a wake-up call to our country and to the world. We have been living in a spiritually bankrupt culture. Our creations show us what lies in our true intentions. Suze Orman says its best. People first, money second, things third. We have experienced what our priorities and lack of awareness have manifested. People will begin searching for new answers, like we have not seen in recent memory.

In this year, our new president will bring a new flavor to the global community. He will inspire and encourage support, dialogue and transformation on very deep levels. Although he will make some mistakes, his courage and intention is to bring healing, and prosperity to the planet will continually shine through.

In 2009 the energy moves much more slowly than 2008. That is a good thing. We've all had enough of the shock waves of 2008. There will still be opportunity for growth, change, and expansion. The energy will be much more reliable. You will be able to make decisions and bank on an energy pattern continuing for a period of time. Personal forecasting will once again be possible.

Relationships will face the biggest challenge. As we come full circle and reflect upon our failures as a

country, we all will begin to question our own intentions and values. Many people will leave organized religion and begin a search for answers that translate to real world life experience. We will question our relationships in the process.

We will see a movement of active participation from families, local government, and community organizations. All will want to contribute. People will begin to demand answers that resonate truthfully with real life situations. The days of sheep following a herder/leader will be fewer and farther between. Many people will look to new ideas, for the basis of a new belief system.

We will experience a number of natural disasters around the world. We will have two more hurricanes in the gulf coast region of America that will devastate. We will see a severe earthquake in the Asian pacific region, potentially with tsunami after effects.

We will see a surge in productivity with regard to green technology. We will see a rebirth in Silicon Valley related to green technology. This new ideology and technology will spring board many people forward to metaphysics and a heightened interest about how Source works, and what spirituality really is and can do for us in our lives.



We are in year 2 of a 3 year cycle. The words for 2009 are spiritual re-birth, stabilization and green technology.

Trust what you know, believe in the power of your essence, and the power for cooperation with source. One ounce of positive energy dissipates give pounds of negative energy. We can change the planet, and we will. You are part of that change. You chose to be here at this time in history on our planet. You should embrace the truth of who you are fully and completely without reservation. You are a hero for being on the planet at this time in history.

You are a powerful and mighty being. Believe it, feel it, and live it.

entire life, and have learned to strike a balance with for three decades. It has only been in the last few years that I have finally embraced who I am, without fear of outside criticism, or relentless fanatics. Part of it is the old saying, "where ever you are, there you go." I came to a point in my life where I simply couldn't avoid it any longer. A defining moment came in my life when I realized that although I had been CEO, a Marketing Director, and a Human Resource Manager, the only thing that made me feel like me, and as if I was truly making a contribution, was my psychic work.

I realized that if something is who you are, it simply is who you are, no matter how many people tell you it isn't possible. A belief in self regardless of external feedback is clearly key to growth. Amazingly, the moment I embraced the who I am unconditionally, doors opened effortlessly and opportunities flowed. I felt happier than I had in a very long time. In short order I forgot everything about the external experience of being psychic, and just began to live the spiritual beauty of having an awareness that is slightly elevated all the time. I began to see a definitive increase

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in my intuition, and my ability to help others. I began to experience more joy in my life. Success always seemed to elude me. Now I see it everywhere.

As I reflect on my years as a reluctant psychic, I wonder what took me so long to get here.

As a psychic, I know that all things come in their own time, and when the time is right. I am no different than all the people I read. I'm just blessed to have a job that deals in the intangible and spiritual truth of life. Here's to life, to self, to embracing the truth of who you are no matter who tells you you're crazy!

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## SHOW SCHEDULE @ [www.TALKZONE.com](http://www.TALKZONE.com)

**October 1st- On Air Readings** - I will do readings on the air. You can call in or send me an email if you have a question. If you email me a question before the show I will answer it on the air. You can listen back during the show or at your leisure to hear the answer. Be sure I have your first name, and first initial of your last name if you send a question via email.



**October 8th, Stephen Lewis** Author of *The Sanctuary*, "*The Path to Consciousness*" - Many of you already know he is the creator of the AIM program, dealing with curing autism. He is also one of the contributors to the book "The Secret." He is nothing short of amazing. I had a brief reading with him yesterday. He does incredible medical intuitive counseling.

**October 15th - On air readings** - I will do readings on the air... again you can call, or send me an email, and I will answer the question on the air, and you can listen back at your leisure.

**October 22nd. Kristi Vaughn** - Kristi is a great medium, and works with angels. She has been certified by Doreen Virtue as an angel therapy practitioner. She has a new book coming out, "Quantum Healing for the New World," and is a delightful person. She is a great resource for all things related to mediumship.

**October 29th, - On Air Readings**

**November 5th - is open**

**November 12- On Air Readings**



**November 19 - Annette Martin** - World renowned psychic detective Annette Martin will appear. She will talk about her book *A Gift From the White Light*. She has been featured on countless television shows for her work finding missing persons and working with the police. I have had a reading with her and she is a delight.

**November 26th - On Air Readings**

**December 3rd - open**



**December 10th - Carol Adrienne** - Numerologist Carol Adrienne will visit the show again, talking about numerology, and her many books including *The Purpose of Your Life*, and her work on the *Celesting Prophecies*. She will take questions on the air.

**December 17th On Air Readings**

**December 24th - open**

**January 1st Happy New Year- On Air Readings, and A Prediction Show**

**January 8th - open**

**January 15th On Air Readings**

**January 22nd - open**



**February 25th - Dr. Eric Pearl** - Dr. Eric Pearl, a miraculous heal will visit the show. He is a best selling author many times over. His book *The Reconnection* has been translated into 30 different languages. He travels constantly sharing his insight and information. Miracles occur with regularity when he is around. You want want to miss this opportunity to ask questions and hear his insight

Call in at 1.888.463.6748 or email me @ [phyllis@phyllisking.net](mailto:phyllis@phyllisking.net)  
If you have ideas for guests or show, please let me know.



Dannion Brinkley

**One of the joys** I have been experiencing as a talk show host has been speaking with powerhouse leaders in the metaphysical community. Many of my guests are already monumentally successful. They have been spreading positive messages of love and growth for decades. Their energy is so high and intense my own energy becomes elevated just from sharing space for the hour. All my guests truly walk the walk. They don't just talk the talk, if you know what I mean. Doing my show is a very spiritual experience for me. I hope you are experiencing the benefit of the wisdom of these people.

One of my recent guests in particular, **Dannion Brinkley**, has given me one of my most powerful boosts. This man is as down to earth and real as you can imagine. At the same time he is loving, generous and supportive. His wife, Kathryn, is also amazingly kind and loving. She is a powerful writer in her own right.

I am personally very grateful to Dannion, as he has endorsed my book, and given me a "quote" to insert on the back cover. An amazing validation to keep going. In that vein, I have begun a new book on relationships. It is called "**THIS IS HOW YOU LOVE ME.**" It's all about relationships . . . all kinds of relationships, the energy and the how-to, of course.

If you don't already know, all the shows I do are archived on the TALKZONE website. The shows are available for download. Or, you can listen to them on your computer. I invite you to listen back for great insight and inspiration.

Be sure to listen to my archived interview with Dannion Brinkley, internationally bestselling author of "Saved by the Light," "At Peace in the Light," and "Secrets of the Light" at [www.TALKZONE.com](http://www.TALKZONE.com)

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