

In Good Spirit

HOLIDAY ISSUE

The newsletter of

Holiday Discounts!

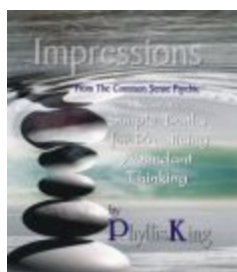
See page 3 for details

December 2009

Phyllis King *the Common Sense*™ PSYCHIC



IMPRESSIONS



Simple Truths for Practicing Abundant Thinking

2010 IMPRESSIONS CALENDAR



Bouncing Back -



Thriving in Changing Times

ABUNDANCE NOW



2 CD SET

See page 3 for Holiday Pricing

PREDICTIONS - 2010

The Year of Muddy Waters and Roaring Rivers

Last year was the year of the "ooey goeey." Energy was slow moving, dense, and it was very difficult to feel as if we were making progress. Much like tromping through molasses. Many of us felt very much in the dark about our present and future plans. We weren't quite certain if what we were doing was valuable, or if our plans for our future were solid.

2010 is different but the same. It will still feel dark to many in some ways. We may still question our security and the viability of our plans. The biggest difference is that in 2010 the energy is no longer slow moving. Rather, the reverse. We will be carried away with it. We will hit the ground running in January, and it will not let up the entire year.

The mantra should be "buckle up and hang on for the ride." Again, many will still find it hard to "see" their path or future clearly. This is why I call it the year of the "Muddy Waters." We're moving from thick mud like energy to thin muddy water. Still dark, but no longer thick.

This will be a year of action, events, changes, progress, and mistakes. The defining energy overall is movement. Movement will set this year apart from last year.

America has wanted to see "change" from its leaders. President Obama will not disappoint in that regard. If you have felt President Obama has been slow to act, or not definitive enough that is all about to change. Some of those changes will be welcome. Specifically, the health care reform bill will continue to define itself and ground a space for the future. A comfort level and hope for the future will take root owing to that solidarity.

Then, President Obama will release his strategy for Afghanistan. It will include not only a plan for stabilization but for withdrawal of troops. He will continue to act aggressively with the economy which will please many, and anger others. His true beliefs and intentions will begin to show themselves overtly in 2010. Some of his actions will scare people. Others will relieve people. It all depends upon your perspective.

He will be in action, and he will continue to take bold steps, especially in relationships with Iran, Syria, North Korea and Pakistan. Some of his choices will be shocking or amazing. Others will fall flat. His ideological foundation is lofty. As well intentioned as they might be, he will meet significant resistance within his own party to his goals. President Obama is ready to rock the planet.

On the individual level, many of us will still wonder if we're going to "get through" this period of time. Owing to the speed with which energy is moving, we will not have a lot of time to dwell on it. Topics of conversation will change very quickly. It will be extremely rare for a news story to dominate the news for more than a day or two, before another story will take over. The planet is reacting to these fast moving vibrations as well, and will produce a lot weather related storms and disasters. Earthquakes will be plentiful in Asia.

Continued on page 2

Phyllis is on ~www.ContactTalkRadio.com

Listen Live Tuesdays, Noon to 1 p.m. (PST) - 106.9 Seattle

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Dear Friends,

I want to take this moment to thank each and every one of you for your love, and your support of me in the past year. Without your energy and enthusiasm I would not be where I am today in my life. You make a profound difference in my life. When I have readings with you, it changes my life too. I feel a shift. I grow, and I expand. There is an exchange that is life changing for me also. I thank you for that exchange. I am honored and grateful to fulfill this role, and serve you.

I will look forward to seeing or talking with you in the very near future. I wish you a prosperous, loving and safe holiday season.

With love and gratitude,



Radio Show/Guest line up:



December 1st

Dr. Kevin,
Psychic and life
coach



January 5th

-
Vaishali -
Author &
Radio host



**December
15th**

Dannon
Brinkley
Bestselling
Author



January 19th

-
Gail McFallon
Life Coach

www.ContactTalkRadio.com
Tuesday at 12 Noon & 10 p.m (pst)

2010: The Year of Muddy Waters and Roaring Rivers Continued from page 1

On the very positive side, this is a year to make great progress in your personal and professional life. The force will be with you to influence, make change, and have the energy to push your projects to the next level.

Historically, we are in changing times. The rules of the game have changed forever. We will never be able to go back to a consumption philosophy, or a philosophy that behaves as if we are alone on the planet. We will see the need to become more involved in our politics and in our communities, as differences around the world become more a part of our daily lives. We will begin to recognize that we can make a difference and should.

The world is getting smaller for Americans. Obama has an intention to lead in a manner that will unite countries around the world, regardless of our differences. Expect fireworks from those who disagree with him. He will create a foreign policy that will be followed for the next 23 years.

The rhythm of the year looks consistently fast, choppy and spirited. The slowest moving energy months are July, September and December. This is absolutely a year to put your energy into projects and new career aspirations. It is a time to go back to school if you have been thinking about it. It is a time to continue to develop your listening skills. Not just listening to others, but the ability to hear your own inner voice. The muddy waters will require that you are "tuned in" to your own voice, and flowing with life, not trying to control it. Those who can do this effectively will be most successful.

Look for more good economic news, followed by bad economic news. For the most part the worst is over. There are still mine fields of energy that will need to be absorbed in 2010. 2011 is the year economic growth will take root in a consistent pattern.

Look for more battles over gay marriage. Look for success for gay people in this area. As our attention is required on global issues, people will find it less and less important to put their attention on this issue.

Expect several more major celebrity deaths. Certain individuals who have played a significant role in our popular culture will choose to exit. Both young and old. Their era has either ended, or their vibration is such they choose not to exist in a time when the energy of our planet is ramping up to greater intensities. Many high profile "artist" types like Michael Jackson, will not want to be here anymore. We will feel the loss of them.

All in all we will all be breathing easier and feeling a greater sense of calm. We are learning to adjust and adapt to the new vibration on our planet and in our world. We are getting on with the business of living with new perspectives and inside of new skill sets. We will step away from worry more, and move more into action and strength because it is required.

Start your projects, go back to school, spend more time trusting and learning about yourself. Look at the unseen part of life. Begin to answer the questions for yourself about what it all means, and how you can make the intangible work for you in your life.

You will have tremendous energy this year to get things done. You will see results very quickly. Some will inspire, some will show you what you need to work on. Stay open, and trust, and 2010 may be one of the best years of your life.

Love and light,
Phyllis

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Log on to my website - www.phyllisking.net and visit my "Radio" page under Multi-Media for links and more information.

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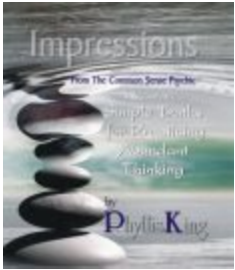
The call-in number is 1-877-520-1150
Listen on the internet www.KTLKam1150.com

**1100 AM in Phoenix, AZ (pst)
Sundays, 1-2 p.m.**

The call-in number is 1-866-536-1100
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Each month features a photo
and an inspirational message

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Phyllis with Dr. Wayne Dyer
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Available after Dec. 10, 2009
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~Reclaiming Your Personal Power~
January 31st, 2010 - 3 to 5 p.m.
Bodhi Tree Book Store ~ Los Angeles, CA
Join authors, **Phyllis King & Vaishali**

For an afternoon of enlightenment, laughter and growth. The dynamic duo of personal
empowerment will be sharing how to make your mind your best ally instead of your
greatest source of suffering. Learn how to take back your mind and your power from
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Vaishali and Phyllis will share proven formulas that will teach you to:

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- Identify your ego based dialogue and How it impacts your abundance
- Receive readings on your most pressing questions
- Anti-oxidize your thought patterns - get a fresh start!

\$30.00 in advance \$40.00 at the door. To pre-register, visit www.phyllisking.net,
click on booking calendar and events. No refunds as space is limited.

Phyllis King *the Common Sense* PSYCHIC

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Phyllis is now a featured writer twice a month in the SOUL'S CODE Magazine, based out of San Francisco! You can also access it online at www.SOULSCODE.com.

News and Events

~Live Radio Shows ~

Tuesdays

Seattle - www.ContactTalkRadio.com
Noon to 1:00 pst

Sundays

Los Angeles- www.KTLKam1150.com
Noon to 1:00 pst

Phoenix - www.1100KFNX.com
1:00 to 2:00 pst

Saturdays

New York - www.wabcradio.com
TBA - Coming Soon!

~*~

Guest Hosting for Bonnie Coleen
on "Seeing Beyond" 1450 AM

December 7,
8:00 to 9:00 am (pst)

~Upcoming Workshops~

12/12/09 -Group Reading Symposium
Bodhi Tree Bookstore - Los Angeles

1/09/10 - Jump Start Your Energy Extravaganza
Medina Counseling Center- Castro Valley

1/31/10 - Bodhi Tree Bookstore
Make Your Mind Your Friend -Los Angeles

Holiday Discounts

(see page 3)

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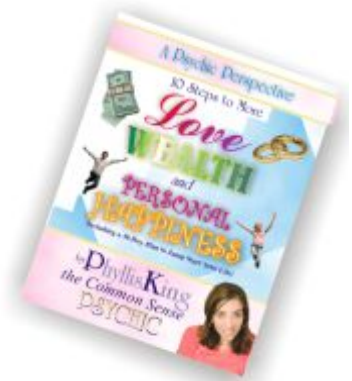


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